

# Level 3 Diploma in Counselling Skills



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The NCFE Level 3 Diploma in Counselling Skills QCF qualification has been designed to provide you with an in-depth knowledge and competence of the counselling skills that can be used in every day life and the theoretical models that underpin the use of counselling skills. The qualification will also help you appreciate the importance of self-development.

This NCFE Level 3 Diploma in Counselling Skills QCF qualification enables you to work towards becoming a reflective practitioner of counselling. It also provides knowledge and understanding of the three main core theories and theorists that underpin counselling and addresses the nature of psychological problems and how they may be approached.

The qualification can count towards certain dimensions of the NHS Knowledge and Skills Framework including equality & diversity, personal & people development, communication and interventions & treatments.

## **What courses can I progress onto on completion of the Diploma in Counselling Skills QCF Level 3 course?**

Learners can go on to study further in areas such as:

- Level 4 Therapeutic Counselling
- Level 3 Certificates in Advice and Guidance or Mentoring
- Foundation/degrees in counselling

## **Am I required to do a placement?**

This is a knowledge based course with practical aspects that will need to be demonstrated.

To meet this criteria you will need to conduct an interview and provide audio / visual evidence to support this in a one to one setting, and in a group setting with a minimum of 3 people with topics to be provided.

You will also be required to produce a candidate 'product': an assignment which will incorporate two simulated scenarios;

- A 1:1 written discussion demonstrating a record of questioning,
- A group scenario with an accompanying written reflective record

## **Syllabus**

### **Unit One: Developing counselling skills (T/502/8235)**

*On completion of this unit you will:*

- Understand how to establish a relationship using counselling skills
- Be able to establish a relationship using counselling skills
- Understand how to develop a relationship using counselling skills
- Be able to develop a relationship using counselling skills
- Understand how to conclude an interaction using counselling skills
- Be able to conclude an interaction using counselling skills
- Understand development of own counselling skills

## **Unit Two: Theoretical approaches in the use of counselling skills (L/502/8239)**

*On completion of this unit you will:*

- Understand core concepts of the main theoretical approaches to counselling
- Understand what is meant by the integrative model
- Understand the importance of counselling theory
- Be able to apply core theories in the use of counselling skills
- Be able to self-reflect using theoretical approaches

## **Unit Three: Working ethically with counselling skills (K/502/8233)**

*On completion of this unit you will:*

- Understand what is meant by an ethical framework
- Know how an ethical framework relates to the use of counselling skills
- Understand the importance of the setting in which counselling skills are used
- Understand the concepts of ethical referral

## **Unit Four: Counselling skills and diversity (L/502/8225)**

*On completion of this unit you will:*

- Understand the meaning of discrimination
- Understand issues of diversity
- Understand power issues within the counselling process

## **Unit Five: Counselling skills and personal development (L/502/8242)**

*On completion of this unit you will:*

- Know own development needs
- Understand process of personal development
- Understand group dynamics
- Understand impact of personal development on others
- Be able to plan self-development

## **Course Delivery Options**

Duration: 24 weeks

Day:

Monday - 10.00 am to 4.00 pm - with online group sessions/one to one sessions

Monday evenings 4.30 – 8.30 – with online group sessions/one to one sessions

One Saturday per Month for 6 months with one to one sessions to be arranged with tutor

The approximate amount of time required to complete the course is: 270 hrs.

## What's included

- All study materials
- Study Guide
- Full Tutor and Admin support
- The course fee **includes** the awarding body registration and certification fee

## Tutor Support

With this course you will have access to your own personal tutor who, It is your personal tutor's role to ensure that you receive constructive feedback and to deal with any queries you may have. You are more than welcome to telephone, fax or email your personal tutor.

You will also have access to a dedicated and friendly team of administrators and course advisors who offer sound and professional guidance and advice when you need it. This ensures that you will **never** feel neglected and that you will **always** succeed!

## Assessment Method

After each lesson there will be a question paper, which needs to be completed and submitted to your personal tutor for marking. This method of continual assessment ensures that your personal tutor can consistently monitor your progress and provide you with assistance throughout the duration of the course

## Cost

**19 - 23 Fees:** £1,500.00

**24+ Fees:** £2,225

Funding available under the 24+ Advanced Learner Loans system.

Self-funded learners can pay in instalments